

| Uhrzeit      | Montag   | Dienstag | Mittwoch  | Donnerstag | Freitag | Samstag | Sonntag |  |
|--------------|--|----------|---|------------|---------|---------|---------|--|
|              |  |          |   |            |         |         |         |  |
| <b>08:30</b> |  |          |   |            |         |         |         |  |
| <b>09:00</b> |  |          |   |            |         |         |         |  |
| <b>09:30</b> |  |          |   |            |         |         |         |  |
| 10:00        |  |          |   |            |         |         |         |  |
| <b>10:30</b> |  |          |   |            |         |         |         |  |
| <b>11:00</b> |  |          |   |            |         |         |         |  |
| 11:30        |  |          |   |            |         |         |         |  |
| 12:00        |  |          |   |            |         |         |         |  |
| <b>12:30</b> |  |          |   |            |         |         |         |  |
| 13:00        |  |          |   |            |         |         |         |  |
| 13:30        |  |          |   |            |         |         |         |  |
| 14:00        |  |          |   |            |         |         |         |  |
| <b>14:30</b> |  |          |   |            |         |         |         |  |
| <b>15:00</b> |  |          |   |            |         |         |         |  |
| <b>15:30</b> | <b>Mantrailing,<br/>fällt aus (Föhr-Trail-<br/>Urlaub)</b> |          | <b>Mantrailing<br/>fällt aus (Föhr-<br/>Trail-Urlaub)</b> |            |         |         |         |  |
| <b>16:00</b> |  |          |   |            |         |         |         |  |
| 16:30        |  |          |   |            |         |         |         |  |
| 17:00        |  |          |   |            |         |         |         |  |
| 17:30        |  |          |   |            |         |         |         |  |
| 18:00        |  |          |   |            |         |         |         |  |
| 18:15        |  |          |   |            |         |         |         |  |
| 19:00        |  |          |   |            |         |         |         |  |
| 19:15        |  |          |   |            |         |         |         |  |